



Patient Education for Parents: ACT for a Healthy Mouth for Kids

A Healthy Mouth for Your Kids Starts in 60 Seconds

Stop Worrying, Start Swishing

With kids, you worry about everything. Their health. Their schooling. Their safety. And of course, their beautiful smiles. When you add great tasting ACT® Anticavity Fluoride Rinse to your family's daily oral care regimen, you'll have one less thing on your mind. Used daily along with brushing and flossing, ACT Anticavity Fluoride Rinse can deliver the power of fluoride to all of the surfaces of your children's teeth in order to help prevent cavities, strengthen tooth enamel and protect the roots of teeth. Now that's something to smile about.

ACT vs. Braces

Many children and teens will wear braces for at least a portion of their childhood. However, once the braces are removed, many children's bright smiles are blemished by decalcification (white spots on teeth). ACT can help prevent decalcification and leave your children and teens with perfect smiles.

The ACT Facts

Fluoride, a natural mineral that safely strengthens teeth to help prevent tooth decay and permanent tooth loss, is vitally important for children as their teeth develop and as they get older. Proper daily use of ACT Fluoride Rinse is a great way for children to strengthen their teeth, help prevent cavities and reinforce good oral care habits.

- 80% of children will get a cavity by age 17. ¹
- ACT Fluoride Rinse reduces cavities in children up to 40% more than brushing with a fluoride toothpaste alone. ²
- ACT Fluoride Rinse also helps reverse "white spots" on teeth caused by braces and other orthodontic appliances. ³

ACT Fluoride Rinse is recommended for people over the age of 6, and is an alcohol-free product.

Visit actfluoride.com/parents for more information on the important role that fluoride plays in maintaining healthy smiles for every member of your family.

www.actfluoride.com/parents

- ¹ National Institutes of Health, U.S. Department of Health & Human Services, 'Diagnosis and Management of Dental Caries Throughout Life,' Vol. 18, Number 1, March 2001.
- ² Heifetz, S.B., Meyers, R.J. and Kingman, A. 'A Comparison of the Anticaries Effectiveness of Daily and Weekly Rinsing with Sodium Fluoride Solutions: Final Results After 3 Years' Journal of Dental Research, 60 (Special Issue A), Abstract 645 (March 1981).
- ³ Geiger, A.M., Gorelick, L, et.al. 'Reducing white spot lesions in orthodontic populations with fluoride rinsing,' American Journal of Orthodontics and Dentofacial Orthopedics, May 1992.

